



ZOLDER YOGA

ASHTANGA AND YIN
TEACHER TRAINING PROGRAMME

MAY TO NOVEMBER 2014

This is to certify that

Katia Major

Has completed the 7 month, 300 hour Ashtanga Vinyasa and Yin Yoga teacher training course including:

Teaching Techniques
Teaching Theory
Hands on Adjustments
Anatomy and Physiology
Yoga Philosophy

THIS COURSE IS REGISTERED WITH YOGA ALLIANCE AT RYS 200 HOURS

Melanie Cooper

MELANIE COOPER

30/11/2014

DATE

Norman Blair

NORMAN BLAIR

30/11/2014

DATE