

Date Issued: 10/03/2024

Certificate number: 160544

Learner number: 519384

Active iQ



This is to certify that

Katia Major

has been awarded the

Active IQ Level 3 Diploma in Personal Training

Qualification Accreditation Number: 603/0895/3

In successfully achieving this qualification the learner has been awarded the following unit(s)

Understanding lifestyle, health, wellbeing and common medical (R/615/4015)

The principles of nutrition and their application to exercise and health (J/615/4013)

Encouraging positive health and fitness behaviours in clients (Y/615/4016)

Professionalism and business acumen for personal trainers (D/615/4020)

Applied anatomy and physiology for exercise, health and fitness (F/615/4012)

Programme design and delivery for personal training (H/615/4018)

Jenny Patrickson
Managing Director



Qualifications Wales regulates this qualification where it is awarded to learners assessed wholly or mainly in Wales

